

Healthy Together

A SHARED MEDICAL VISIT PROGRAM

Join a small group of patients and providers for 4 weekly 90-minute visits on Tuesday mornings. Sessions are held in-person or on zoom, in a supportive and confidential setting.



This program is open to all CHC patients.

To learn more, scan the QR code, visit CHCofCapeCod.org, or call Dena Irwin, CHC Nutritionist at (508) 477-7090, ext. 1184.

Healthy Behaviors	Diabetes	Hypertension
September 2022	October 2022	November 2022
January 2023	February 2023	March 2023
May 2023	June 2023	